

Second Sunday in Lent *Reminiscere*

13 March 2022 Anno Domini

INTROIT (Ps. 25:1-2a, 7-8, 11; antiphon: Ps. 25:6, 2b, 22)



Remember your mercy, O LORD, and your | steadfast love,*
for they have been | from of old.

Let not my enemies exult | over me.*

Redeem Israel, O God, out of all his | troubles.

Remember not the sins of my youth or my trans- | gressions;*
according to your steadfast love remember me, for the sake of
your goodness, | O LORD!

Glory be to the Father and | to the Son*

and to the Holy | Spirit;

as it was in the be- | ginning,*

is now, and will be forever. | Amen.

Remember your mercy, O LORD, and your | steadfast love,*
for they have been | from of old.

Collect of the Day

O God, You see that of ourselves we have no strength. By Your mighty power defend us from all adversities that may happen to the body and from all evil thoughts that may assault and hurt the soul; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.

Gradual

(Ps. 25:17-18)

The troubles of my heart | are enlarged;*
bring me out of my dis- | tresses.

Consider my affliction and my | trouble,*
and forgive | all my sins.

Tract

(Psalm 106:1-4)

Oh, give thanks to the LORD, for | he is good!*

for his steadfast love endures for- | ever.

Who can utter the mighty deeds | of the LORD.*

or declare | all His praise?

Blessed are they who observe | justice,*

who do righteousness | at all times!

Remember me, O LORD, when you show favor to your | people;*

help me when you | save them.

Old Testament:

Genesis 32:22-32

²²The same night he arose and took his two wives, his two female servants, and his eleven children, and crossed the ford of the Jabbok. ²³He took them and sent them across the stream, and everything else that he had. ²⁴And Jacob was left alone. And a man wrestled with him until the breaking of the day. ²⁵When the man saw that he did not prevail against Jacob, he touched his hip socket, and Jacob's hip was put out of joint as he wrestled with him. ²⁶Then he said, "Let me go, for the day has broken." But Jacob said, "I will not let you go unless you bless me." ²⁷And he said to him, "What is your name?" And he said, "Jacob." ²⁸Then he said, "Your name shall no longer be called Jacob, but Israel, for you have striven with God and with men, and have prevailed." ²⁹Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. ³⁰So Jacob called the name of the place Peniel, saying, "For I have seen God face to face, and yet my life has been delivered." ³¹The sun rose upon him as he passed Penuel, limping because of his hip. ³²Therefore to this day the people of Israel do not eat the sinew of the thigh that is on the hip socket, because he touched the socket of Jacob's hip on the sinew of the thigh.

Epistle: 1 Thessalonians 4:1-7

¹Finally, then, brothers, we ask and urge you in the Lord Jesus, that as you received from us how you ought to live and to please God, just as you are doing, that you do so more and more. ²For you know what instructions we gave you through the

Lord Jesus. ³For this is the will of God, your sanctification: that you abstain from sexual immorality; ⁴that each one of you know how to control his own body in holiness and honor, ⁵not in the passion of lust like the Gentiles who do not know God; ⁶that no one transgress and wrong his brother in this matter, because the Lord is an avenger in all these things, as we told you beforehand and solemnly warned you. ⁷For God has not called us for impurity, but in holiness.

Holy Gospel: Matthew 15:21-28

²¹Jesus went away from there and withdrew to the district of Tyre and Sidon. ²²And behold, a Canaanite woman from that region came out and was crying, "Have mercy on me, O Lord, Son of David; my daughter is severely oppressed by a demon." ²³But he did not answer her a word. And his disciples came and begged him, saying, "Send her away, for she is crying out after us." ²⁴He answered, "I was sent only to the lost sheep of the house of Israel." ²⁵But she came and knelt before him, saying, "Lord, help me." ²⁶And he answered, "It is not right to take the children's bread and throw it to the dogs." ²⁷She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table."