

Seventh Sunday after Trinity

31 July 2022 Anno Domini

INTROIT

(Ps. 47:3, 6-8; antiphon: Ps. 47:1-2)



Clap your hands, all | peoples!*

Shout to God with loud | songs of joy!

For the LORD, the Most High, is | to be feared,*
a great king over | all the earth.

Sing praises to God, sing | praises!*

Sing praises to our King, sing | praises!

Glory be to the Father and | to the Son*

and to the Holy | Spirit;

as it was in the be- | ginning,*

is now, and will be forever. | Amen.

Clap your hands, all | peoples!*

Shout to God with loud | songs of joy!

COLLECT OF THE DAY

O God, whose never-failing providence orders all things both in heaven and earth, we humbly implore You to put away from us all hurtful things and to give us those things that are profitable for us; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.

GRADUAL

Come, O children, lis- | ten to me;*

I will teach you the fear | of the LORD.

Those who look to him are | radiant,*

and their faces shall never | be ashamed.

(Ps. 34:11, 5)

VERSE

Alleluia, Alleluia, Alleluia.

Clap your hands, all | peoples!*

Shout to God with loud | songs of joy!

Alleluia, Alleluia, Alleluia.

Psalm 47:1

Old Testament: Genesis 2:7-17

⁷Then the LORD God formed the man of dust from the ground and breathed into his nostrils the breath of life, and the man became a living creature. ⁸And the LORD God planted a garden in Eden, in the east, and there he put the man whom he had formed. ⁹And out of the ground the LORD God made to spring up every tree that is pleasant to the sight and good for food. The tree of life was in the midst of the garden, and the tree of the knowledge of good and evil. ¹⁰A river flowed out of Eden to water the garden, and there it divided and became four rivers. ¹¹The name of the first is the Pishon. It is the one that flowed around the whole land of Havilah, where there is gold. ¹²And the gold of that land is good; bdellium and onyx stone are there. ¹³The name of the second river is the Gihon. It is the one that flowed around the whole land of Cush. ¹⁴And the name of the third river is the Tigris, which flows east of Assyria. And the fourth river is the Euphrates. ¹⁵The LORD God took the man and put him in the garden of Eden to work it and keep it. ¹⁶And the LORD God commanded the man, saying, “You may surely eat of every tree of the garden, ¹⁷but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die.”

Epistle: Romans 6:19-23

¹⁹I am speaking in human terms, because of your natural limitations. For just as you once presented your members as slaves to impurity and to lawlessness leading to more lawlessness, so now present your members as slaves to righteousness

leading to sanctification. ²⁰When you were slaves of sin, you were free in regard to righteousness. ²¹But what fruit were you getting at that time from the things of which you are now ashamed? The end of those things is death. ²²But now that you have been set free from sin and have become slaves of God, the fruit you get leads to sanctification and its end, eternal life. ²³For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Holy Gospel: Mark 8:1-9

¹In those days, when again a great crowd had gathered, and they had nothing to eat, [Jesus] called his disciples to him and said to them, “²I have compassion on the crowd, because they have been with me now three days and have nothing to eat.

³And if I send them away hungry to their homes, they will faint on the way. And some of them have come from far away.” ⁴And his disciples answered him, “How can one feed these people with bread here in this desolate place?” ⁵And he asked them, “How many loaves do you have?” They said, “Seven.” ⁶And he directed the crowd to sit down on the ground. And he took the seven loaves, and having given thanks, he broke them and gave them to his disciples to set before the people; and they set them before the crowd.

⁷And they had a few small fish. And having blessed them, he said that these also should be set before them.

⁸And they ate and were satisfied. And they took up the broken pieces left over, seven baskets full. ⁹And there were about four thousand people. And he sent them away.